

NEW

EST. 1926

KB's™

AUSTRALIAN BLUE GRENADIER

LIGHTLY BATTERED



Wild Caught in Australian waters, our hand cut Blue Grenadier fillets are lightly battered and flash fried to golden perfection.



AUSTRALIAN BLUE GRENADIER LIGHTLY BATTERED

Our Blue Grenadier is wild caught in Australia
and lightly battered for your convenience.



KEY ATTRIBUTES

- ✓ Wild caught in our pristine Australian waters
- ✓ Hand filleted in Victoria, Australia
- ✓ Natural fillets with a light batter coating
- ✓ Labour saving – no preparation required
- ✓ Portion controlled, no wastage
- ✓ Deep fry or oven bake

RESPONSIBLY SOURCED SEAFOOD

This product has been assessed by KB Food Co. as being from a well-managed fishery.

PRODUCT / PACKAGING INFORMATION

- Product code: 25339
- Carton: 3.3kg (30 x 110g pieces)
- Made in Australia

COOKING INSTRUCTIONS

Cook from frozen.

Product must be fully cooked before consumption.

Deep Fry:

1. Preheat frying oil to 180°C.
2. Cook for 6-8 minutes, until golden brown and fully cooked.

Oven Bake:

1. Preheat oven on fan forced setting to 200°C.
2. Cook for 20 minutes, turning half way.

INGREDIENTS

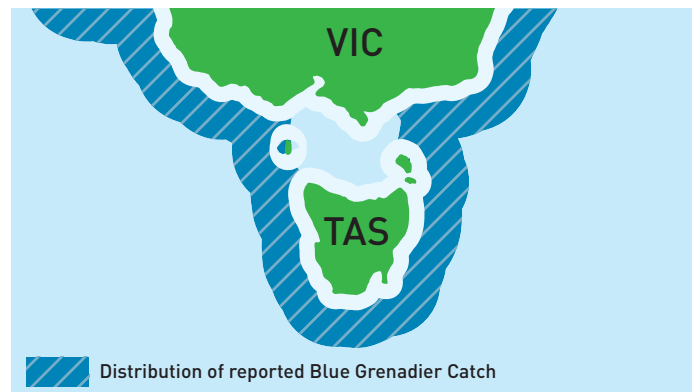
Fish (60%) (*Macrurus novaezelandiae*), Battering (34%) [**Wheat** Flour, **Wheat** Starch, Sugar, Mineral Salts (541,500,450), Salt, Dextrose (Tapioca, Malt), Hydrolysed Vegetable Protein (Maize), Firming Agent (516), Vegetable Gum (401), Water, Thickeners (1404, 412, 415), **Wheat** Flour, Rice Flour, Salt, Vegetable Protein Extract, Natural Flavours, Herbs, Spices, Dehydrated Vegetables], Rice Bran Oil.

NATURAL AUSTRALIAN BLUE GRENADIER FILLETS

Blue Grenadier is a white fish with a mild sweet flavour and moist flesh that flakes easily. It is most suited to frying or baking because of the low oiliness of the species.

A protective coating such as a batter safeguards the flesh from drying out, making this a popular choice for those wanting an authentic local 'fish and chips' menu offering.

MAIN CATCH AREA: WESTERN & EASTERN TASMANIA



CULINARY COMPOSITION



NUTRITIONAL INFORMATION

SERVINGS PER PACKAGE: 30 Serving size: 110g	AVERAGE QUANTITY PER SERVE	AVERAGE QUANTITY PER 100g
ENERGY	989kJ	899kJ
PROTEIN	14.0g	12.7g
FAT TOTAL	13.6g	12.5g
- SATURATED	3.2g	2.9g
CARBOHYDRATE	14.4g	13.1g
- SUGARS	3.6g	3.3g
SODIUM	465mg	423mg

STORAGE INSTRUCTIONS

Keep Frozen. Store at or below minus 18°C.



For more information please contact your local KB Food Co representative or email: fsorders@kailisbros.com.au
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